

GIVE ME



FIVE

As a member of the Manatee YourChoice Health Plan you are eligible to receive:

5 free visits with a personal trainer

5 free visits with a health coach

5 free visits with a registered dietician

5 free visits with a certified counselor (LAMP)

Visits renew each calendar year.

Learn more at:

www.ManateeYourChoice.com/wellbeing-programs

