



Manatee YourChoice Presents

FITSGIVING

.....
Two Chances to: Give Back • Get Fit • Have Fun!
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Monday November 22, 2021 at 12pm

Walk with us!

Join us for an instructor led 1.5 mile walk starting at the Downtown Fitness Center to Riverwalk and back!

Friday November 19, 2021

TEAMS OF 2 COMPETE IN A TIMED OBSTACLE COURSE !

11:00 AM - 2:00pm

Downtown Fitness Center-Fountain Room

Register for either or both events at manatee.timetap.com

Both events require a donation to the food bank to participate

Open to all Manatee County Government Employees and adult health plan members!



For More Information Contact: YourChoice Fitness Center
941.748.4501 x3667 | aminardi@manateeyourchoice.com