



Mirabai's
**NEW 50+
ONLINE
CLUB**

Exercise videos for all your health issues



Total Membership: All Access

Join Mirabai Holland MFA, CHC, EP-C

MYC Health Plan Provider

If you're Manatee County employee with Manatee YourChoice Medical Insurance Coverage you can get Convenient 24/7 on line access on your Computer, Tablet, Smart Phone or TV, to all the Exercises you need.

Get a full year membership to this Online Workout Club for just \$49.50 (50%off regular price)

Visit **MovingFreeWithMirabai.com**

Click **JOIN WORKOUT CLUB**

Select **TOTAL MEMBERSHIP: ALL ACCESS** Use discount code

Manatee1 at checkout, and get ready to ease into the best shape of your life