



Manatee YourChoice Presents

FITSGIVING

Give Back • Get Fit • Have Fun!

TEAMS OF 2 COMPETE IN A TIMED OBSTACLE COURSE !

Donate non-perishable food items to participate. All donations will go to the Food Bank of Manatee.
Drop them off at the Fitness Center before-hand or bring them to the event.

Friday, November 20th
11:00am - 2:00pm

Riverwalk
Grassy area near the Green Bridge

Register at
manatee.timetap.com

PRIZES:

The team that completes the obstacle course the fastest will win bragging rights, a certificate of achievement, and a swag bag full of goodies (one for each team member).

Open to all Manatee County Government Employees and adult health plan members!



For More Information Contact: YourChoice Fitness Center
941.748.4501 x3667 | aminardi@manateeyourchoice.com

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