

Financial Wellness Workshops 2026

The YourChoice Wellness team offers a range of financial wellbeing workshops throughout the year, designed to support you at every stage of your financial journey. These interactive sessions provide practical guidance, tools, and expert insights to help you build confidence in managing your money, planning for the future, and reducing financial stress. By taking part, you can enhance your financial wellbeing and make informed choices that support a healthier, more balanced life.

- ✓ **February 11th | 12 - 1pm | Your Money on Purpose**
- ✓ **March 18th | 1 - 2pm | Investing Basics for Real Life**
- ✓ **April 9th | 11am - 12pm | Are You On Track For Retirement?**
- ✓ **June 2nd | 12 - 1pm | Paying Off Debt Without the Overwhelm**
- ✓ **July 13th | 1 - 2pm | The Hidden Cost of Convenience Spending**
- ✓ **Sept. 24th | 11am - 12pm | Building an Emergency Fund That Works**
- ✓ **October 1st | 12 - 1pm | Financial Planning For Life Transitions**
- ✓ **December 1st | 1 - 2pm | Making the Most of Your Benefits**

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