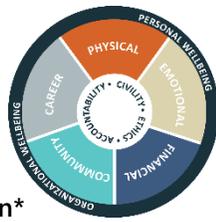




2026 Scorecard Menu



Refer to Refer to manateeyourchoice.com/wellbeing/wellbeing-at-work for more information

Activity	Points	Date(s) Completed/points earned
Host a presentation with Care Team (topics on W@W page)	10/each	
Host Symmetry presentation or assessments with Dan	10/each	
Promote wellbeing workshops and challenges via email/flyers	5/email (max 60)	
Host Lunch-n-Learn with YourChoice Care team	10/each	
Host on-site "mini" wellbeing expo with Care Team	10/each	
Host a mini exercise class (one-off) i.e.- meditation, stretch, yoga	10	
Host an emotional wellbeing challenge (see W@W page for ideas)	5/each	
Install a gratitude board / shout out board (templates on website)	5	
Host LAMP onsite to present on topic related to mental health	10/each	
Create a "Zen space" or healthy break station/area at work	10	
Promote Financial Workshops via email/flyer *8 this year* (see flyer)	5/workshop	
Promote Financial Challenge (Julie to send out)	5	
Take and share the financial health questionnaire (BCC: take in Manatee Thrives/non-BCC: use link on financial tab on YourChoice website)	5	
Promote updating Beneficiary for FRS and (see flyer)	5	
Observe health awareness campaign (Wear Red, Pink, Green etc.) Get team pic!	5/campaign	
Collect and donate candy for troops over Halloween (Julie to email in Sept)	5	
Promote blood drive and/or Mobile Dermatology	5/each	
Host your own team building/wellness event (Care Team can assist with ideas)	5/event	
Enter the Pink Pumpkin Department Challenge (Julie to email in Sept) Must get pic!	10	
Host a potluck lunch at your worksite	10/each	
Attend Wellness Champion Banquet/Meet with Julie to review 2026	10	
Create your own activity for your employees! List the activity	5/each	
Build a W@W Bulletin Board using flyers from Banquet folder or email. Must show picture of board when turning in scorecard!	10	
	TOTAL:	

Platinum: 100+ Points

Gold: 85-99 Points

Silver: 70-84 Points

Bronze: 55-69 Points