

GIVE ME



FIVE

As a member of the Manatee YourChoice Health Plan you are eligible to receive:

- 5 free visits with a personal trainer
- 5 free visits with a health coach
- 5 free visits with a registered dietician
- 5 free visits with a certified counselor (LAMP)

Visits renew each calendar year.

Learn more at:

www.ManateeYourChoice.com/wellbeing-programs

Questions? Contact Julie Drackett Julie.drackett@mymanatee.org

Scan here to learn more!

