

TELEMYND

# Virtual Mental Health Care For First Responders & Families

Get matched with a specialized therapist or prescriber covered for Manatee employees with Aetna

CALL 888-211-9149



Telemynd is committed to ensuring quality mental health care for first responders and their families, when you need it most. We've created a secure and accessible mental health platform with highly specialized providers uniquely qualified to help first responders. Copay or deductibles may apply.



## Step 1: Request An Appointment

Answer questions about your mental health online or call our live care team at: 1-888-211-9149



## Step 2: Get Matched

We'll match you with a provider who fits your needs & schedule your appointment.



## Step 3: Meet With Your Provider

It's time to meet with your licensed therapist or prescriber through live sessions.



## Step 4: Ongoing Support

You can message your provider at any time to schedule your next follow-up appointment(s).

Wish to speak with a live person? No problem. Simply reach out to our Care Team at 888-211-9149 and we'll help coordinate your appointment.