OUALIFYING EVENT FORM – ADULT

Complete Blueprint Labs for Wellness 1/1/2022 - 6/30/2022 Complete ALL OTHER QE Activities 1/1/2022 - 8/31/2022

Employee, Spouse, Child 19+, Retiree 65 or younger

A completed form must be submitted by all adult members to qualify for either the ULTIMATE, BEST or BETTER plan level.							
Employee/Retiree Name:	Employee ID: (active employees only)						
PLAN MEMBER INFORMATION							
Member Name:	○ Employee ○ Spouse/Dependent ○ Retiree						
Date of Birth: / /	Age on 1/1/22:						
Phone #:	Email Address:						

EXAMS & SCREENINGS

Complete according to recommendations and age-appropriate guidelines put forth by CDC, ACG or USPSTF

FAILURE TO PROVIDE A DATE FOR A COMPLETED EXAM OR SCREENING WILL PLACE PARTICIPANT IN THE BASIC OR BETTER PLAN LEVEL

	GENERAL EXAMS AND SCRE	ENINGS		Date Completed	
1	Blueprint for Wellness Labs (complete by Ju	<mark>une 30, 2022)</mark>	,	/ /2022	O Not recommended*
2	Preventive Physical/Wellness Exam with Skin Cancer Screening			/2022	O Not recommended*
	GENDER AND AGE-SPECIFIC EXAMS & SCREENINGS			Date (Completed
3	Colorectal Screening (Optional age 45-49, Required age 50+)			/20	○ Not recommended*
	Indicate screening and year completed (Required age 50+):		O Colonoscopy in past 10 years		
			O Cologuard - FIT-DNA stool test in past 3 years		
				olonography in	past 5 years
	FEMALE	MALE	Date Complete		
4	Annual Mammogram (age 40+)	Annual Testicular Exam	/	/2022	O Not recommended*
5	Pelvic Exam (annually) and/or PAP (every 3 years for age 21+)		/	/2022	O Not recommended*

- *A doctor's note will need to be provided for any not recommended.*
- I attest that the dates provided above are true and accurate.
- I acknowledge that if an audit reveals this information to be inaccurate, my plan level will be downgraded.
- I understand that failure to submit this form will result in a plan level downgrade.

DO NOT SUBMIT FORM UNTIL ALL REQUIRED EXAMS AND SCREENINGS ARE COMPLETE.

Participant Signature (Required):	Date:
Unload completed form and any supporting documents into Benefit Everess or to	your Insurance Coordinator, See OF Packet

for more information.

FOR ACTIVE EMPLOYEES ONLY: I understand that to earn Health Bucks in 2022, I have the option to participate in the Health Improvement & Incentive Program (HiiP). I can earn up to \$600 in Health Bucks by participating in a combination of the following activities: Blueprint Labs, Prescription for Health, Get to Know MYC, Happy Mind, and Happy Body.) Yes \bigcirc No

To	learn more, visi	t www.manate	eyourc	hoice.c	com/F	HIIF	P (_
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