

Specialty Categories and key treatments included in a plan.

Benefit Category	Description
Acupuncture	Reduced rates* with in-network providers on acupuncture treatment visits, follow-up visits, cupping treatments , heat and cold therapy, laser acupuncture, massage therapy, traditional herbal remedies, etc.
Anti-Aging & Wellness	Reduced rates* with in-network providers and wellness clinics on Hormone replacement therapy (HRT) , IV therapies, peptide treatments , vitamin infusions, Menopause support , sexual wellness, cryotherapy, etc.
Bariatric	Reduced rates* with in-network providers on bariatric surgeries such as gastric banding , gastric sleeve , gastric clip , and gastric bypass . Reduced prices on full treatment plans OR provider fees only. Confirm with an individual provider.
Chiropractic Care	Reduced rates* with in-network providers on chiropractic adjustments and follow-up visits, chiropractic imaging , corrective exercises , heat and cold therapy, occupational therapy , pain management , etc.
Dermatology	Reduced rates* with in-network providers on cosmetic dermatology services such as acne treatment , neurotoxin treatments (Botox®, Dysport®, etc.), dermal filler treatments (Juvéderm®, Restylane®, Sculptra®, Radiesse®, and Belotero®), scar/mole/tag removal , skin cancer screening , skin rejuvenation , tattoo removal , etc. Cosmetic injectable treatments vary by provider.
Fertility	Reduced rates* with in-network providers on egg donor programs , doula support, egg freezing , genetic testing , In Vitro fertilization (IVF) , Intrauterine Insemination (IUI) , postpartum support , etc.
Hair Restoration	Reduced rates* with in-network providers on hair loss treatments , surgical hair transplants , etc. Services vary, confirm with individual providers.
Hearing	Reduced rates* with in-network providers on initial hearing examinations , hearing aids , hearing aid repairs , tinnitus treatments , wax removal , etc.
Medical Spa	Reduced rates* with in-network providers on cosmetic injectables such as neurotoxin treatments (Botox®, Dysport®, etc.), dermal filler treatments (Juvéderm®, Restylane®, Sculptra®, Radiesse®, and Belotero®), chemical peels , facial treatments , hydrafacial treatments , microneedling treatments , skin tightening , skin rejuvenation , body contouring (Emsculpt® and others), body sculpting (CoolSculpting® and others), laser hair removal , various laser treatments , PDO threads , Kybella® fat reduction treatments , Platelet-rich plasma (PRP) treatments , etc. Cosmetic injectable treatments vary by provider.
Mental Wellness	Reduced rates* with in-network providers on individual , family , and couples counselling services, therapy , psychiatry , and other mental wellness services.
Physical Therapy	Reduced rates* with in-network providers on physical therapy evaluation and follow up treatments , pain management , hand therapy , occupational therapy , corrective exercises , etc.
Plastic Surgery	Reduced rates* with in-network providers on cosmetic surgery such as blepharoplasty (Eye Lid Surgery), brachioplasty (Arm Lift), Brazilian butt lift (BBL) , breast augmentation , breast lift , breast reduction , facelift and necklift , labiaplasty , liposuction , mommy makeover , rhinoplasty , tummy tuck , etc. Reduced prices on full treatment plans OR provider fees only. Confirm with an individual provider.
Surgical Vision	Reduced rates* with in-network providers on LASIK eye surgery .
Veterinary Care	Reduced rates* with in-network providers on veterinary examinations , wellness visits , vaccinations , neuter and spay services , veterinary in-house bloodwork , veterinary surgeries , veterinary Rx , teeth cleaning , urine/stool testing , etc. Services vary, confirm with individual providers.
Weight Loss	Reduced rates* with in-network providers on non-surgical weight loss such as body contouring , body sculpting , nutritional consultations , weight loss programs , weight loss Rx , etc. Services vary, confirm with individual providers.

*Reduced rates of 20% on average. The list of treatments varies by provider. Confirm with the provider on treatment availability.